



BRITISH ASSOCIATION FOR
PSYCHOANALYTIC AND PSYCHODYNAMIC
SUPERVISION

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AUTUMN CONFERENCE & AGM

Saturday 26th November 2016

Supervision and the Law: Confidentiality, Record Keeping and Ethical Dilemmas

Dr. BARBARA MITCHELS

Supervisors hold a level of responsibility for maintaining good therapy practice, so need to understand the law, guidance and ethics relevant to their own practice and to assist their supervisees. Issues of confidentiality, record keeping and disclosures often present therapists with questions and dilemmas. These topics involve both law and ethics, and this workshop clarifies the legal and ethical principles and boundaries of our work. We include discussion throughout the day in large and small groups, and the use of scenarios and case studies to bring law and ethics into a practice focus. Participants are invited to share, if they wish, their own anonymised practice or supervision dilemmas around confidentiality, records and disclosures for discussion.

Topics in this workshop include:

- Should we keep case records?
- What makes a good case record or supervision record?
- Which documents would be included in a case record from a legal perspective?
- How long should we keep our records?
- What does the data protection legislation require of us?
- Lawful disclosures of client information.
- How should we make and record a referral or disclosure?
- Scenarios from practice

Dr. Barbara Mitchels PhD, LL.B., FBACP (Snr Accred) is a psychotherapist with the Watershed Counselling Service in Devon. A retired solicitor, Barbara also combines her legal and therapy experience in writing, workshops and providing a web-based resource and consultancy service for therapists at www.therapylaw.co.uk. Her special interests and research include post-traumatic stress, post war peace-making, and law and ethics in relation to therapy. This workshop is based on the popular book she co-authored with Tim Bond - *Confidentiality and Record Keeping in Counselling and Psychotherapy*. 2nd Ed. London, Sage. (2014).

9.30 Registration / 10.00 Welcome & Workshop (with mid-morning break at 11.15)

1.00 Lunch / 2.00 Workshop

3.00 AGM / 4.00 End

Non Members: £85 / Early Bird £75 /// BAPPS Members: £75 / Early Bird £60 / Retired members £45

Payment details: bank transfer to: Co-op Bank Acct No. 50032992 Sort Code 08-92-50 or cheque payable to BAPPS, c/o Interim Administrator, 2 Victoria Road, Winchester SO23 7DU

Cost includes refreshments and hot lunch Early Bird deadline bookings to be completed by 5 October 2016

Venue: The Tavistock Centre, 5th floor Lecture Theatre, 120 Belsize Lane, London NW3 5BA