



THE BRITISH ASSOCIATION FOR PSYCHOANALYTIC & PSYCHODYNAMIC SUPERVISION

SPRING CONFERENCE

Saturday 23rd March 2019

10.00 – 4.00 [Registration 9.30] The Tavistock Clinic, London

When one therapist is not enough: Supervisors as partners

CHRISTOPHER CLULOW

An important function of psychotherapy is to increase the capacity of patients to read their own affective and intentional states and those of others who are important to them. A role of supervisors is to assist psychotherapists in fulfilling this function. From child development research we know that the relationship between parents has a role to play in developing reflective, mentalizing capacities.

Extrapolating this finding to the therapeutic encounter, this talk will summarise arguments that have been made over the 70 year history of Tavistock Relationships for couples being seen by two therapists, updating and illustrating these in the light of research on the developmental significance of co-parenting. Some thoughts on the supervisory relationship will be offered in this context.

Dr Christopher Clulow PhD is a Consultant Couple Psychoanalytic Psychotherapist, registered with the British Psychoanalytic Council, and a Senior Fellow of the Tavistock Institute of Medical Psychology, London. He has published extensively on marriage, partnerships, parenthood and couple psychotherapy, most recently from an attachment perspective. He is a Fellow of the Centre for Social Policy, Dartington, a member of the editorial board of *Couple and Family Psychoanalysis* and an international editorial consultant for *Sexual and Relationship Therapy*. He maintains a clinical and training practice from his home in St Albans and in London.

Cost including hot lunch and refreshments: Non Members: £95 / Early Bird: £85;

Members: £80 / Early Bird: £68; Retired BAPPS members; £45

Early Bird deadline bookings made by 31st January 2019

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Venue: The Tavistock Centre, 5th floor Lecture Theatre, 120 Belsize Lane, London NW3 5BA
Nearest tubes: Finchley Road, Swiss Cottage

Cancellations Policy: 1 month = full refund • 2 weeks = 50% refund • 1 week = no refund: **Cheques payable to: BAPPS**