



THE BRITISH ASSOCIATION FOR PSYCHOANALYTIC & PSYCHODYNAMIC SUPERVISION

SUPERVISION MASTERCLASSES

Saturday 2 November 2019, 22 February & 18 July 2020

10.00 a.m – 1.00 pm (9.30 a.m. Registration)

Living Space, South East London

Saturday 2 November 2019 with Evanthe Blandy BA Hons Cantab, Member of The Guild of Psychotherapists, UKCP Registered supervisor in psychoanalytic psychotherapy

The Task of Tuning into the Unconscious in Supervision

We will follow a full fifty minute session and observe unconscious processes at play; between the patient and therapist, and between therapist and supervisor. We will aim to construct a formulation of the patient's primitive 'core object relations', and how they impact the supervisory relationship via 'parallel process'. We will look at the concept of boundaries and containment in relation to Winnicott's ideas about the transitional space where it is safe for "bloody serious play" (Szecsody). I believe this is as pertinent for the supervisory process as in the therapy sessions.

Evanthe Blandy, graduated in Philosophy and Fine Art and trained as a teacher and then as a child therapist at the Tavistock Institute (1983), and an adult therapist at The Guild of Psychotherapists (1995). She maintained a private practice as a psychoanalytic psychotherapist from 1983-2017. She was Chair of the Association of Women Psychotherapists, affiliated with the WTC during the 90's, overseeing a model of treatment for victims of domestic violence. She was a founder member of the Guild's Community Clinic, which opened in 1998, and has been actively involved in fundraising, management, training and, since 2008, clinical supervision of trainees in time limited (2 year) therapy.. She considers herself an 'Independent', and recognises the key importance of Object Relations theory. She has learnt much from Winnicott, Attachment theory, Klein and Freud, and like Casement, believes the patient has much to teach us, and like Fink on Lacan, that the unconscious is always present if you look through the right lens.

Saturday 22 February 2020 with Dr. Christopher Scanlon (DPhil)

Supervision of the group by the group - including the supervisor: the supervision group as more than the sum of its parts.

In this workshop I want to propose that psychodynamic group supervision, though widely practised, remains poorly understood. I will suggest that one reason for this lack of understanding is an unspoken assumption that models of theory and practice derived from individual supervision can be applied, by

default, to the practice of group supervision. One concern arising from this proposition is that it could also be taken to contain assumptions about the complexity of conducting a group. For example, if group supervision is taken to be merely an extension of the dynamics of dyadic supervision does this mean that being a 'good enough' individual supervisor is sufficient qualification to be able to establish and sustain the conditions necessary to ensure optimal 'culture of enquiry' learning in the group? On the other hand, if group supervision is seen as having different characteristics and dynamics what are these differences and how is the supervisor to acquire a working knowledge of them? In seeking to address these questions I will draw upon theories and practices derived from the psychodynamic psychotherapies, group analysis, Therapeutic Community work and systems-psychodynamic and organisational consultation. I will conclude by inviting participants to discuss ways in which we might all seek to extend this psycho-socially informed 'reflective practice' into other aspects of personal, professional, organisational and social engagement.

Dr Christopher Scanlon (DPhil) is an Independent Psycho-socialist Researcher and Consultant, Training Analyst and Supervisor at the Institute of Group Analysis (London), member of the Irish Group Analytic Society, Senior Professional Associate at the Tavistock Institute of Human Relations, member of the Irish Group Relations Organisation (IGRO) and Founder member of the Association for Psychosocial Studies (APS). Until 2015 he was a NHS Consultant Adult and Forensic Psychotherapist and Reflective Practice Team Development (RPTD) in a range of health, social care and social justice settings,; has published widely in the field and has acted as expert adviser and Consultant to various Government Departments and NGOs.

Saturday 18th July 2020 with Linda Cundy

The Aims of Attachment-Informed Psychotherapy: a Tool for Supervision

From an attachment perspective, the overall aim of psychotherapy is to help clients become more secure. Drawing on classical and contemporary attachment theory and object relations, this talk will propose areas of focus in clinical work that facilitate 'earned security,' and suggest how these can also inform supervision of clinical work.

Linda Cundy is an attachment-based psychoanalytic psychotherapist and supervisor in private practice in north London. As an independent trainer she has twenty-five years' experience of teaching, including setting up a postgraduate diploma in attachment-based therapy. She has contributed to and edited three books to date; "Love in the Age of the Internet: Attachment in the Digital Era" (2015, Karnac), "Anxiously Attached: Understanding and Working with Preoccupied Attachment" (2017, Karnac) and "Attachment and the Defence Against Intimacy: Understanding and Working With Avoidant Attachment, Self-Hatred, and Shame" (2018, Routledge).

Cost: Non Members: £45 per Masterclass; Members: £40 per Masterclass;

Retired Members £25 per Masterclass

If you book all 3 Masterclasses you are eligible for a 10% discount

These Masterclasses are suitable for Supervisors and experienced Therapists - BACP, UKCP, BPS or BPC qualified, or anyone interested in Psychoanalytic Supervision.

Booking: admin@supervision.org.uk

WWW.SUPERVISION.ORG.UK

Venue: Rotunda Hall, Living Space, 1 Coral Street Lambeth SE1 7BE

Nearest tubes: Waterloo or Lambeth North

Cancellations Policy: 1 month = full refund • 2 weeks = 50% refund • 1 week = no refund: **Cheques payable to: BAPPS**