



# THE BRITISH ASSOCIATION FOR PSYCHOANALYTIC & PSYCHODYNAMIC SUPERVISION

## SPRING CONFERENCE

Saturday 21<sup>st</sup> March 2020

10.00 – 3.30 [Registration 9.30] The Tavistock Clinic, London

## Dilemmas of Supervising Different Modalities Problems to Possibilities

CATE LYON

As psychoanalytically trained supervisors, we are increasingly faced with the task of supervising practitioners whose trainings and clinical practice may be very different from our own. Psychoanalytic models continue to compete with an expanding range of trainings, some of which either pay scant attention to psychoanalytic principles or none at all, so effective supervision of different modalities is a pressing issue. Multi-model clinical supervision groups have become the norm within many organisations. However, what might make immediate sense economically, leaves little space for thoughtful development of workable frameworks to meet the differing needs of supervisees.

All this presents the considerable challenge of ensuring such supervisory arrangements, whether individual or group, are both clinically effective and promote satisfactory professional development across a range of distinct models. This talk will give a candid account of some of the difficulties and dilemmas encountered in providing effective multi-model supervision. Questions will be raised around how to meet our supervisees' needs without compromising either our own professional integrity or that of the supervisee.

The day will offer plenty of opportunity to pool ideas and share experiences and, through discussion, find creative solutions which may help us find our way from problems to possibilities....

**Cate Lyon** is a psychodynamic psychotherapist trained at WPF Therapy, London. She qualified as a supervisor with SAP. She is Counselling Lead in a large London IAPT Service and provides group and individual supervision as part of this role. She trains and supervises in Dynamic Interpersonal Therapy (DIT). She teaches and trains extensively in the field. She also works in Private Practice.

**Cost including hot lunch and refreshments: Non Members: £95 / Early Bird: £85;**

**Members: £80 / Early Bird: £68; Retired BAPPS members; £45**

**Early Bird deadline bookings now extended to 1<sup>st</sup> March 2020**

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WWW.SUPERVISION.ORG.UK

**Venue:** The Tavistock Centre, 5th floor Lecture Theatre, 120 Belsize Lane, London NW3 5BA

**Nearest tubes:** Finchley Road, Swiss Cottage

**Cancellations Policy:** 1 month = full refund • 2 weeks = 50% refund • 1 week = no refund: **Cheques payable to: BAPPS**

*Our Conferences are open to Supervisors and experienced Therapists - BACP, UKCP, BPS or BPC qualified, or anyone interested in Psychoanalytic Supervision. BAPPS is an organisational member of UKCP and aims to promote education, training and the highest ethical standards of practice in supervising psychoanalytic and psychodynamic psychotherapy.*