



# British Association for Psychoanalytic & Psychodynamic Supervision

admin@supervision.org.uk

## CRITERIA FOR ELIGIBILITY TO MEMBERSHIP

BAPPS is an association of psychodynamic/psychoanalytic supervisors and membership is open to those who comply with BAPPS' Supervision Criteria, which require that:

### 1. Practice

Applicants and members currently practice and are registered as psychotherapists/counsellors and are currently receiving and providing psychodynamic/psychoanalytic supervision.

### 2. Supervision Training

Applicants must have undertaken a psychodynamic supervision training of not less than 90 hours contact time, in which supervision of supervision should comprise either 45 hours in a group containing not more than 4 trainees or in exceptional circumstances not less than 15 hours of one to one supervision of supervision with a supervisor approved by the qualifying course or a combination of both. The supervision of supervision should be completed continuously (allowing for short holiday breaks).

Courses that provide an introductory Year 1, with a later option to apply for a more rigorous Year 2, need to ensure that trainees complete 45 hours in Year 2.

Supervisors of supervision should be very experienced supervisors, preferably members of BAPPS (or eligible for BAPPS), and able to complete standardised assessment procedures which are evaluated by a group of representatives of the organisation providing the training. Peer supervision is not accepted.

An element of the supervision training should have been to gain a pass mark for a qualifying paper of no less than 5000 words which demonstrates the three strands of supervision training, : theory, practice as supervisor and supervision of supervision.

It is applicants' responsibility to ensure that their supervision training course meets the above criteria. BAPPS does not hold a list of approved supervision courses.

### **3. Core Training**

Membership is open to:

- A. Persons who are trained in psychotherapy by an organisation recognised by the CPJA Section of the United Kingdom Council for Psychotherapy (UKCP) or by the British Psychoanalytic Council (BPC) and registered with either.
  
- B. Persons accredited by BACP/registered by UKCP who are trained in psychodynamic psychotherapy/counselling to at least Diploma level or equivalent on a training recognised as such by the BACP/UKCP, and who have undertaken a minimum of 3 consecutive years of individual psychodynamic/psychoanalytic therapy with a BPC/UKCP/BACP accredited/registered psychodynamic /psychoanalytic counsellor/psychotherapist during and/or following training. Details of their core training need to be supplied to BAPPS with a statement to demonstrate that it has been psychodynamic in orientation.

### **4. Apprenticeship/Portfolio Route**

Applicants with substantial professional experience for whom aspects of qualification differ from those stated in 2, 3 A and B above will be required to submit either a written paper and/or a portfolio that complies with the above and to demonstrate required levels of experience in supervision practice, therapy practice, supervision of practises and previous trainings or apprenticeships. Further details of how to apply by this route are stated below.

## **A. Portfolios**

This applies only to people with substantial professional experience for whom aspects of qualification differ from those stated in BAPPS Criteria for Eligibility to Membership 2 and 3. Here the applicant is being assessed upon the level of their professional experience.

The applicant is requested to:

- a) Submit evidence of professional trainings and apprenticeships that they have undertaken over the years.
- b) Demonstrate levels of their experience in both supervision practice and therapy practice, and the nature of this work.
- c) Give evidence of how this work was supervised.

### *Assessment of Portfolio*

This involves taking into consideration:

- a) The number of years of professional practice, the nature and intensity of practice.
- b) The number of years ago that the applicant undertook trainings and/or apprenticeship.
- c) That apprenticeship in supervision may have been undertaken in different forms.
- d) In cases where we do not have enough evidence of the standard of applicant's supervision practice, supervision of their supervision practice should be undertaken with a BAPPS supervisor.
- e) Supervision of Supervision. The supervisor is to be selected with the agreement of the membership committee.
- f) A total of 10 supervision of supervision sessions are required within a period of 6 months.

If there are difficulties in complying with this a satisfactory arrangement should be negotiated between supervisor and supervisee. Bearing in mind that the supervisor needs to gain a comprehensive picture of the supervisee's professional competence and that frequency of supervision is a vital aspect within this process.

In some cases, submission of a written paper of 5000 words would normally be required except where the applicant has published a substantial piece of work on psychodynamic supervision in an approved journal. A supervisor's report is also required.

## **B. Assessment criteria**

### *Supervisors' Reports*

The report should specifically include comments about the applicant's ability to:

- a) Make satisfactory contracts.
- b) Work ethically.
- c) Be able to access unconscious communication through use of counter-transference and the reflection/parallel process.
- d) Be aware of providing a secure framework for their supervision work.
- e) Be able to appropriately support and challenge their supervisees.

*Written work*

Submitted written papers must consist of no less than 5000 words.

The paper needs to demonstrate clinical material which is congruent to the supervisor's view of the work and that the main texts are drawn from literature on supervision theory and have been understood and referenced. The paper must demonstrate:

- a) an analytic attitude throughout their work as a supervisor which demonstrates awareness of unconscious processes and the triangular dynamic to process the material brought to supervision by the supervisee
- b) an ability to provide a secure boundary for the supervision work and be aware of and work with frame related issues.
- c) a capacity to consider and work with unconscious processes; transference and countertransference and the reflection process and parallel process and interpret from these phenomena in relation to clinical work.
- d) an ability to challenge and support and enable learning to take place
- e) an awareness of and use of relevant theory.
- f) a vignette which illustrates how they work as a supervisor which demonstrates the above points.
- g) evidence of a range of relevant reading which is appropriately referenced and includes author, title of paper or chapter, title of book, publisher, publication date and the page number.

Two markers composed of or selected by BAPPS Membership Committee, will assess the paper and submit separate reports. If the assessments differ the markers will discuss their differences and try to arrive at a joint recommendation. A generous time limit should be set for applicants to fulfil the requirements.

## **5. Decisions and Right to Appeal**

- A. All decisions will be made by the Membership Committee jointly. Applicants will be informed of the decision by the Administrator.
- B. If an application fails feedback on the decision and guidance on any remedies will be provided by the Membership Committee (usually via the Chair) to applicants to enable resubmission if at all possible.
- C. Resubmission following such guidance will be looked at by the Membership Committee jointly.
- D. If no remedy is possible, then the decision of the Membership Committee is final and there is no right of appeal.

## **6. Application Process and Fees**

- A. Via Criteria 2 and 3.: A signed copy of BAPPS Membership Application Form together with photocopies of required Certificates should be sent to the Administrator together with a cheque for £50 made payable to BAPPS to cover administration. Scanned copies of this form will be emailed to each Membership Committee Member.
- B. Via Criteria 4: As in 6.A above but making it clear you are applying via Apprenticeship Portfolio route. An overall fee of £220 will be charged to cover 2 x £60 each for two markers for papers; £50 fee to the supervisor for their report (this is paid by BAPPS to ensure the supervisor is reporting to BAPPS and not to the applicant) and £50 administration.
- C. Successful applications will be sent a current Membership Form and charged full or partial (depending on time of year) membership fee, presently £75 by the Administrator.
- D. Reassessment of fees will be undertaken by the Membership Committee in consultation with BAPPS Executive and Treasurer at yearly intervals.
- E. The supervisor of supervision and the applicant are to agree privately their own fees.

Membership Committee

Amended March 2019