



**THE BRITISH ASSOCIATION FOR PSYCHOANALYTIC
& PSYCHODYNAMIC SUPERVISION**

SUPERVISION MASTERCLASS

**Saturday 18th July 2020 with
Linda Cundy**

10.00 a.m – 1.00 pm (9.30 a.m. Registration)

online via zoom

The Aims of Attachment-Informed Psychotherapy: a Tool for Supervision

From an attachment perspective, the overall aim of psychotherapy is to help clients become more secure. Drawing on classical and contemporary attachment theory and object relations, this talk will propose areas of focus in clinical work that facilitate ‘earned security,’ and suggest how these can also inform supervision of clinical work.

Linda Cundy is an attachment-based psychoanalytic psychotherapist and supervisor in private practice in north London. As an independent trainer she has twenty-five years’ experience of teaching, including setting up a postgraduate diploma in attachment-based therapy. She has contributed to and edited three books to date; “Love in the Age of the Internet: Attachment in the Digital Era” (2015, Karnac), “Anxiously Attached: Understanding and Working with Preoccupied Attachment” (2017, Karnac) and “Attachment and the Defence Against Intimacy: Understanding and Working With Avoidant Attachment, Self-Hatred, and Shame” (2018, Routledge).

Cost: Non Members: £45 Members: £40 Retired Members £25

This Masterclass are suitable for Supervisors and experienced Therapists interested in psychoanalytic Supervision. - BACP, UKCP, BPS or BPC qualified.

Booking: admin@supervision.org.uk

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Cancellations Policy: 1 month = full refund • 2 weeks = 50% refund • 1 week = no refund: Cheques payable to: BAPPS