



THE BRITISH ASSOCIATION FOR PSYCHOANALYTIC & PSYCHODYNAMIC SUPERVISION

SUPERVISION MASTERCLASS

Saturday 20th November 2021, 10.00 am to 1.00 p.m

Online via Zoom

Baffour Ababio

Intercultural Supervision Workshop

In the early 1990s, Jafar Kareem and colleagues published their book on 'Intercultural therapy' in which he defined the term. The workshop will apply Kareem's definition of intercultural therapy to the supervision space. The minor revision to his definition below reflects the scope and aim of the workshop:

"A Form of dynamic psychotherapy (supervision) that takes into account the whole being of the patient (supervisor and supervisee) – not only the individual concepts and constructs as presented to the therapist (and supervisor), but also the patient's (and supervisee's and supervisor's) communal life experience in the world – both past and present. The very fact of being from another culture involves both conscious and unconscious assumptions, both in the patient and the therapist (supervisor). I believe that for the successful outcome of therapy (and supervision) it is essential to address these conscious and unconscious assumptions from the *beginning*".

The workshop will draw on intercultural clinical examples and work to put forward the race and cultural dynamics and processes involved in supervising at juncture of the supervisee's, supervisor's, and patient's inner and outer worlds.

Baffour Ababio grew up in Ghana. He is a psychoanalytic intercultural psychotherapist in private practice and clinical supervisor at Nafsiyat Intercultural Therapy Centre. Baffour completed his training at University College London and the Guild of Psychotherapists and is a member of UKCP and BAPPS (British Association for Psychoanalytic and Psychodynamic Supervision). Alongside his clinical role, Baffour developed a career in managing mental health services integrating a community-based response to support recovery from a broad range of mental health problems. With Roland Littlewood he has co-edited a volume on intercultural psychotherapy entitled *Intercultural Therapy: Challenges, Insights and Developments* (2019).

Cost: Non Members: £45; Members: £40; Retired Members £25

You must book the Masterclass at least 24 hours in advance of the date to ensure you get your log in details to the online Zoom event

This Masterclass is suitable for Supervisors and experienced Therapists - BACP, UKCP, BPS or BPC qualified.

Booking: admin@supervision.org.uk

WWW.SUPERVISION.ORG.UK

Venue: Online via zoom

Cancellations Policy: 1 month = full refund • 2 weeks = 50% refund • 1 week = no refund